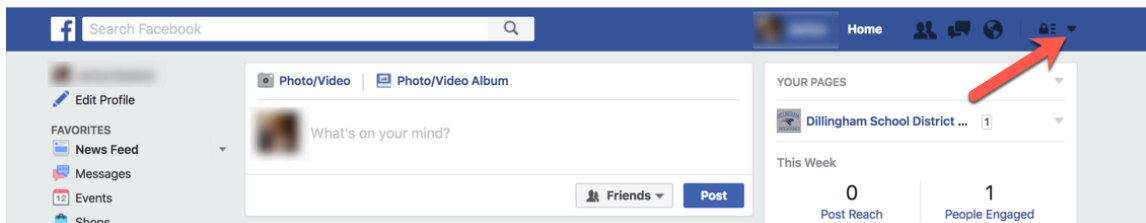


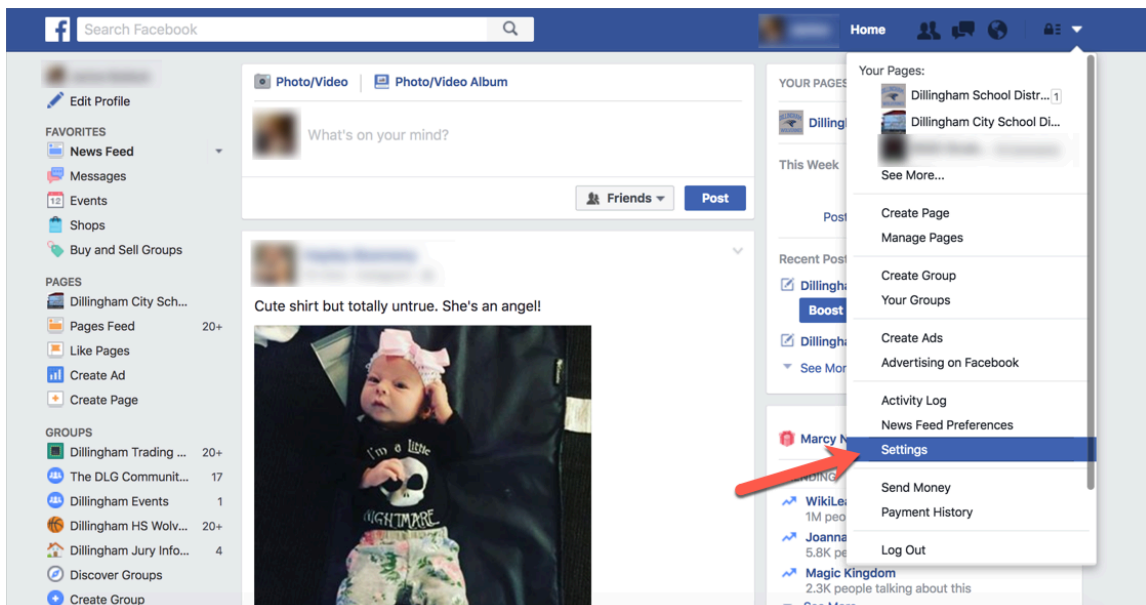
# Dillingham City School District Tech Byte

## How to turn off Facebook auto-streaming of videos

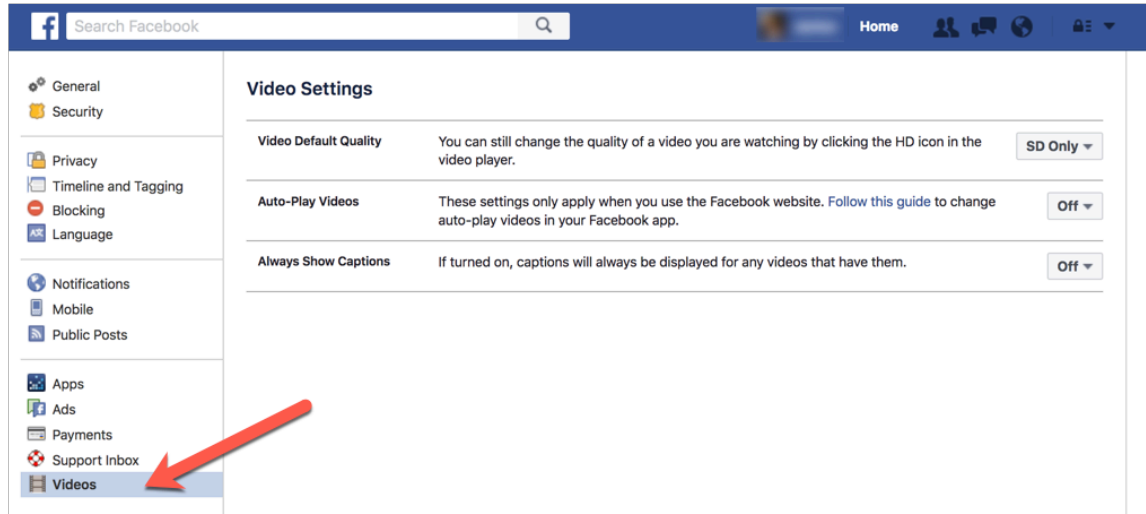
First log into your Facebook account. Once you are logged in, go to the settings area (the little down arrow on the right side of your top toolbar in Facebook).



After you click the down arrow, a new menu will pull down. Select the “Settings” option.



This will take you to a new section of Facebook. In here, click the “Videos” option on the left hand bottom side toolbar. This will bring up new options.



In your Video Settings Options, you can choose which options work better for you. We recommend changing the Video Default Quality to “SD Only” instead of “Default” or “HD”. SD Only uses the least amount of bandwidth.

The second option, “Auto Play Videos” is where you can turn the auto play off or on. With bandwidth realities in rural Alaska, we highly recommend turning this to “Off” to save your bandwidth usage. (This just means if you want to watch a video in your Facebook stream, you need to click play. The videos will not play unless you click the play button).

